#### Nedarim Daf 14

The Daf starts with the continuation of the proof that our Mishna cannot be the shita of R' Meir. The Mishna listed the case of חוּלִין שָׁאוֹכָל לָדְּ that is mutur. The Mishna implies that the reason this case is mutur is because the person just said חוּלִין שָׁאוֹכַל לָדְּ but if he would have said לָחוּלִין שָׁאוֹכַל לָדְּ then it would be assur.

The reason for this is because when he says לַחוּלִין, this means it should not be chullin but rather it should be korban, and as such, the food will be assur. But this implication is only valid if you hold מְּכָּלֵל לָאוֹ אַתָּה שׁוֹמֵע הַן. The Gemara is now in the middle of saying that R' Meir does not hold that one can make this implication, and as such, he cannot be the author of the Mishna.

From a no	לָאו
one can hear (imply) a yes	אַתָּה שׁוֹמֵעַ הֵן
but rather (is the Mishna really)	וְאֶלָא
R' Yehuda!	רַבִּי יְהוּדָה
but this is the raysha	הַיִינוּ רֵישָׁא

The Mishna on Daf Yud already told us that if a person says "לַחוּלִין שֶׁאוֹכֵל לָךְ", the neder will be effective. The Gemara there explains that this is because the author of this halacha is R' Yehuda who holds מִכְּלֶל לָאוֹ אַתָּה שׁוֹמֵעַ הַן. Therefore, if the point of our Mishna saying the case of חוּלִין שֶׁאוֹכַל לָדְּ שַׁאוֹכַל לָדְּ שֹׁאוֹכַל לָדְּ "יַלַחוּלִין" שַׁאוֹכַל לָדְּ שִׁאוֹכַל לָדְּ "יַלַחוּלִין" שַׁאוֹכַל לָדְּ שִׁאוֹכַל לָדְּ "יַלַחוּלִין" שִׁאוֹכַל לָדָּ "יִלַחוּלִין" שַׁאוֹכַל לָדָּ "יִלַחוּלִין" שַׁאוֹכַל לָדָּ "יִלְחוּלִין" שַׁאוֹכַל לָדָּ "יִלְחוּלִין" שַׁאוֹכַל לָדָּ "יִלְחוּלִין" שַׁאוֹכַל לָדָּ דּילָר אַרָּין שַּׁאוֹכַל לָדָּ "יִלְחוּלִין" שַׁאוֹכַל לָדָּ "יִלְחוּלִין" שִׁאוֹכַל לָדָּ "יִלְחוּלִין" שַּׁאוֹכַל לָדָּ "יִלְחוּלִין" שִׁאוֹכַל לָדָּ "יִלְחוּלִיץ" שִׁאוֹכָל לָדָּ "יִלְחוּלִין" שִׁאוֹכָל לָדָּ "יִלְחוּלִיץ" שִׁאוֹכָל לָדָּי "יִלְחוּלִיץ" שִׁאוֹכָל לָדָּי "יִלְחוּלִיץ" שִׁאוֹכַל לָדָּי "יִלְחוּלִיץ" שִׁאוֹכָל לָדָּי "יִלְחוּלִיץ" שִׁאוֹכַל לָדָּי "יִלְחוּלִיץ" שִׁאוֹכָל לִדְּין שְׁאוֹכָל לִדְּיִין שְׁאוֹכָל לִדְּיִין שְׁאוֹרְלִין שִׁאוֹכָל לִדְּיִין שְׁאוֹכָל לִדְּיִין שְׁאוֹכְל לִדְּיִין שְׁאוֹכָל לִדְּיִין שְׁאוֹכְל לִדְּיִין שְׁאוֹרְל יִייף שׁרִּין שְׁאוֹכָל לִדְּיִין שְׁאוֹכְל לִדְּיִין שְׁאוֹבְל לִדְּיִין שִׁאוֹבְל לִידְיִין שִׁאוֹכְל לִידְיּין שְׁאוֹרְל יִייף שְׁרִיל יִייף שִׁיייף וֹייִייף שִׁרְיּיִין שְׁרִייף עִייף אוֹיִיף שִׁרְייִייף "יִייף שִׁרְיִיף אָיִייף שִׁרְיִיף שִׁרְייִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף אָייִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁיִיף שִׁרְיִיף שִׁרְיִיף שִׁיִיף עִייף שִׁרְיִיף שִׁרְיִיף שִׁרְיִיף שִׁיִיף שִּיּיף שִׁיְיִיף שִׁיִיף שִׁיְיִיף שִׁיִיף שִּייף שִׁיִיף שִּיְיִיף שִּיְיִיף שִּיְיִיף שִׁיִּיף שִׁיִיף שִּיּיף שִׁיִיף שִּיְייִיף שִּיְיִיף שִׁיּיף שִּיְיְיִייף שִּיִייף שִּייף שִּייִיף שִּיִיף שִּייִיף שִּיִייף שִּייף שִּייף שִּייִיף שִּיְייִייף שִּיְייִייף שִּייִיף שִּיּיף שִ

, it would be assur, then apparently our Mishna would be teaching us something that we already know. If so, we need an explanation of why our Mishna would tell us a case that seems to be unnecessary.

The Gemara answers:

Since the Mishna taught	אַיִּידִי דְּקָתָנֵי
(the case of) "like the meat	ּבְשַׂר
of a chazir"	חַזִּיר
(and the case of) "like an avodah zora)	בַּעֲבוֹדָה זָרָה
for this (reason) it taught	לְהָכִי קָתָנֵי
(the case of saying it should be) chullin	חוּלִין
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The Ran explains that in reality there is no intrinsic reason why the Tanna lists this case and we do not learn anything from it, however the way of the Tanna is that once he is listing cases in which the neder is not effective, he lists many cases in which they are not effective even if there is no chiddush in the case. Tosefos points out that now that we are saying that the point of the Mishna is not to make a diyuk and say that the case of לַחוּלִין would be assur, our Mishna could even be in

accordance with R' Meir (as it could be that if the person would say "La'chullin, this would also not be a valid neder).

The Gemara brings another answer as to why our Mishna brought the case of חוּלָּין שְׁאוֹכַל לָּדְ.

Ravina said	רָבִינָא אָמַר
this is how it should be learned	הָכִי קָתָנֵי
"And these are mutur	וְאֵלוּ מוּתָּרִין
(if he says it should) be like chullin	בְּחוּלִין
(or) like the meat of a pig	בְּבְשַׂר חֲזִיר
(or) like an avodah zora	בַּעֲבוֹדָה זָרָה

When a person says that food should be like chullin, the neder is obviously not effective as he compared the food to something that is mutur. That is, not only is this neder not effective M'Dorayisa, but it is not even effective M'Drabbanan, and the person would not need a Chacham to say that the neder is permissible.).

Ravina is now answering that the reason that the Tanna said the case of חוּלָין שָׁאוֹכֵל לָדְּי, is to say, that just like in this case one does not need אָאֵלָה, so too when you do הַּתְּפָטָה with the meat of a pig or with avodah zora. And the reason the Tanna needed to tell us this is in order not to compare making שִׁבְּּטָה with pig meat or avodah zora with making הַּתְּפָּטָה with one's mother. The sayfa of our Mishna teaches us that if one is מַתְּפֵּיס with his mother, although M'Dorayisa the neder is not effective, the person still needs שִׁאֵלָה. Therefore, because we have the sayfa, the Tanna comes to teach us that it is specifically in that case that one needs שַׁאֵלָה but not in these cases.

But on this the Gemara asks:

But if it would not have taught	וְאִי לָא תְּנָא
(the case of the person saying) "Chullin"	. חוּלִין
I would have said	הֲוָה אָמֵינָא
that it needs shayla	בָּעֵי שְׁאֵלָה
but is there (a possibility)	ומִי אִיכָּא
to think like this	לְאַסּוֹקֵי עַל דַּעְתָּא הָכִי
but from this that it was taught	הָא מִדְּקָתָנֵי
(in the) sayfa	קיפָא
one who says to this wife	הָאוֹמֵר לְאִשְׁתּוֹ
"You are to me	הָרֵי אַתְּ עָלַי
like (your) mother"	בָּאִימָּא
we open for him a 'pesach'	פּוֹתְחִין לוֹ פֶּתַח
from another place	מִמָּקוֹם אַחֵר
this implies	מִכְּלָל
that (in the cases of the) raysha	דרישא

## he does not need shayla

לַא בַּעֵיַא שְאֵלַה

Ravina had answered that the reason the Tanna listed the case of חוּלִין שָׁאוֹכֵל לָךְּ is to teach us that in the case of being with pig meat or avodah zora, the person does not need שִׁתְבֵּיס. But this seems unnecessary.

The clear implication of the Mishna is that שְׁאֵלָה is only needed in the sayfa and not the raysha. If so, how can we say that the Tanna needed to list the case of חוּלִּין שֻׁאוֹכֵל לָךְּ in order to teach us a halacha that we already know?

As a result of this question the Gemara answers as it did before, that although there is no intrinsic reason for the Tanna to list this case, once the Tanna lists all the other cases, the Tanna lists this case as well.

Rather it is clear אֶלֶא מְחַוּוּרְתָּא (the case of saying chullin ..) מוליו was taught 'for not intrinsic reason'

# The Source that One Can be מַתְפֵּיס in a בְּדָבֶר הַנָדוּר וְלֹא בּדָבר הַאְסוּר

How do we know <sup>82</sup>	מְנָהָנֵי מִילֵּי
the posuk says (Bamidbar 30:3)	אָמַר קְרָא
"A man when he will make a neder	אָישׁ כִּי יִדּר נֶדֶר
to Hashem"	לַה׳

This posuk implies that the neder is not effective:

Until he makes a neder	עַד שֶׁיִדוֹר
with something	בְּדָבָר
that became assur from a neder	הַנָּדוּר

But on this drasha the Gemara asks:

Dat on the drasha the Comma asia.	
If so	אָי הָכִי
even	אֲפִילוּ
with something that is (intrinsically) assur	בְּדָבָר הָאָסוּר
(the hatfasa should) also (work)	נָמֵי
for it is written (at the end of the posuk)	דְּהָא כְּתִיב
"to make an issur on	לֶאְסֹר אִסָּר
yourself (lit. your soul)"	עַל נַבְּשׁוֹ

If the double expression of יָּדֹר נֶדֶר teaches that one can be נְּאָטֹר אָפֶּר in a דָבָר הַנְדוּר, then the double expression of לֶאָטֹר אָפֶר should teach that one can be מַתְפֵּיט in a דָבָר הַאָּטוּר. דָּבָר הַאָּטוּר.

#### 82 What the Gemara is Trying to Prove?

The Ran explains that the Gemara is not trying to prove that being מַתְפֵּיס with a הַנְדוּר דָבָר works, because for this no posuk is needed. Being מַתְפֵּיס is not worse than a יָ, and if so, no posuk would be needed to The Gemara answers:

(The double expression of)	לֶאְסֹר אִסָּר
is needed (to teach a different halacha)	מִבְּעֵי לֵיהּ
as we learned in a Baraisa	לְכִדְתַנְיָא
What is the issur of (hatfasa)	אַיזֶהוּ אִיסְר
that is said in the Torah etc. '	ּהָאָמוּר בַּתּוֹרָה כּוּ

Earlier on daf yud bais, the Gemara quoted the Baraisa that taught us that the words לֶאְסֹר אִסָּר teach us that one can even be מַּתְפֵּיס in the day that one's father died. That is, even though this issur (of fasting one the day this person's father died) is only an issur for this particular person, it still qualifies as a דָבָר תַּנְדוֹּר that one can be מַתְפֵּיס in.

If so, that the words לֶאְטֹר אָפָּר come to teach us this halacha, they cannot longer be used to teach us that one can be מַתְפֵּיס in a דָּבָר הַאָּטוּר, and as such, we are left with the posuk that teaches us that one can be מַתְפֵּיס in a דְּבָר הַלָּא בְּדָבָר הַאָּטוּר

# When is יְאֵלָה Needed for Someone Who is מַתְפֵּיס with a יְדֵבר הַאָּסוּר?

The Mishna taught:

One who says to his wife הָאוֹמֵר לְאִשְׁתוֹ "You are to me like (my) mother" הָרֵי אַתְּ כְּאִימָא כּוּי

The Mishna taught that if a person says that his wife should be like his mother, that is, the same way his mother is assur to him, his wife should be assur as well, this neder is not effective but still needs שָׁאֵלָה (in order that this person should not take making nedarim lightly).

And on this the Gemara asks:

But there is a contradiction (from the following וּרְמִינְהוּ

Baraisa)
(If a person says to his wife) "You should be to me
הַּבִי אַתְּ עָלַי
like the basar (flesh) of (my) mother
(or) like the basar of my sister
(or) like orlah
(or) like kelayim of a vineyard
וו all these cases) he has not said anything)

In all of these cases, the person compared his wife to a דָּבָר and the Baraisa said that with his neder he has said nothing, i.e., his words accomplished nothing. But why is that?

teach for this. Rather what the Gemara is doing is showing from the posuk that it is specifically a בָּרָה הָנָדוּר הַעָּבוּר הָנָדוּר.

Our Mishna said that when one compares his wife to a דָּבֶר הָאָסוּר, although the neder is not effective, it still needs אַאָלָה. If so, how could this Baraisa say that he did nothing with his neder?

The Gemara gives two answers:

Abaya said	אָמַר אַבָּיֵי
(when the Baraisa said that) he said nothing	לא אָמַר כְּלוּם
(this means M'Dorayisa)	מִדְאוֹרָיִיתָא
and (he still) needs	וְצָרִידְּ
shayla M'Drabbanan	שְׁאֵלָה מִיְּרַבָּנַן

Rava said	רָבָא אָמַר
this (where one does not need shayla)	הָא
refers to talmidei chachamim	בְּתַלְמִידֵי חֲכָמִים
(and) this (where you do need shayla)	הָא
refers to an ignorant person	בְּעַם הָאֶרֶץ

Abaya answered that when the Baraisa said the person didn't say anything, this just means that he said nothing on a M'Dorayisa level (i.e., M'Dorayisa the neder was not effective at all), but the Chachamim were still nervous that people would come to take making nedarim against one's wife lightly, and as such, they required shayla for this neder.

Rava answers that since the only reason the Chachamim required shayla was to prevent people from taking these

nedarim lightly, this concern is only applicable to the ignorant people and not to the talmidei chachamim. That is, when the Mishna said you do need shayla, this refers only to the ignorant people, and when the Baraisa says that the person has said nothing, the is refers to the talmidei chachamim.

And we learned in a Baraisa (like this distinction)	וְהָתַנְיָא
one who makes a neder	הַנּוֹדֵר
with the Torah	กวุเภฐ
has not said anything	לא אָמַר כְּלוּם
and R' Yochanan said	וְאָמֵר רַבִּי יוֹחָנָ
(that this person still) needs	וְצָרִידְּ
shayla from a Chacham	שְׁאֵלָה לְחָכָם
and R' Nachman said	וְאָמֵר רַב נַחְמָן
and a talmid Chacham	וְתַלְמִיד חָכָם
does not need shayla not need shayla	אֵינוֹ צָרִיךְ שְׁאֵק

The Gemara on the next daf will bring the complete Baraisa that tells us that if a person makes a neder with the Torah (i.e., he is מַּתְפֵּיִט with the Torah) the person has said nothing (the Baraisa will explain the reason for this). And yet, despite the fact that that Baraisa says that the person has said nothing, an am ha'aretz will still need shayla. And if so, we have proven what the Gemara said, that even when a Baraisa says that it is as if the person has not said anything, this could still mean that an am haaretz will need shayla.

שַׁכַּתוּב בַּה

דָבָרֵיו קַיָּימִין

#### Nedarim 14b

his words are effective

# The Various Cases of Being Making a Shevuah with A Sefer Torah

We learned in a Baraisa	עַּנְיָא
one who makes a 'shevuah'	הַנּוֹדֵר
with a Sefer Torah	กวุเษฐ
he has not said anything	לא אָמֵר כְּלוּם
(But if he makes a shevuah) with what	កខ្មន
is written in it	שכתוב בה

(And if he makes a shevuah) with it	₽ģ
and with what is written in it	וּבְמַה שֶׁכָּתוּב בָּה
his words are effective	דְּבָּרָיו קַיָּימִין

The Ran explains that although the Baraisa says he made a neder with the Sefer Torah, in reality the intent of the Baraisos is to describe a case in which he made a shevuah. That is, many times the Tanna will use the term 'neder' even when describing someone making a shevuah.

The case is that there is a sefer 83Torah in front of this person and he says, "By this Sefer Torah I will do this action". The Baraisa tells us that this shevuah is not effective as we assume that the person means to make a shevuah with the actual Torah, that is, with the parchment of the Torah and such a shevuah is not effective.

However, if the person says that he is making his shevuah with what is written in it, i.e., with the names of Hashem that are written in the Sefer Torah, then his shevuah will be effective as he is swearing with the name of Hashem which is a valid shevuah.

The Baraisa listed three cases:

- 1. In the first one, the person said that he is making a shevuah with the Sefer Torah and the shevuah is not effective.
- 2. In the second case, he says he is making a shevuah with what is written in the Sefer Torah and the shevuah is effective.

<sup>83</sup> The Shita of the Raavad – הַתִּפָסָה with a Sefer Torah

The Ran quotes the shita of the Raavad who holds that our Gemara is dealing with a case in which the person makes a neder by being מַתָּפֵיס with a Sefer Torah. According to this, the point of the Gemara is the same. If he says that he is making a neder with the Sefer Torah, then we say the neder is not effective as we assume he means to be מַתְפֵּיס with the parchment of the Sefer

3. The Baraisa then brings a third case in which the person makes a shevuah with the Sefer Torah and with what is written in it, and this case is also effective. The Gemara now questions the need for this third case.

We learned in the Baraisa	קֿעָנֵי
(the case in which he makes a shevuah) with wh	nat בְּמַה
is written in it	שְׁכָתוּב בָּה
(and the Baraisa told us) that his words	יְּבָּרָיוּ קיבָרָיו
are effective	קַנִּימִין
(but if so the case in which he says) with it	₽ē
and with what is written in it	וּבְמַה שֶּׁכָּתוּב בָּהּ
do we (really) need to say	צְרִידְּ לְמֵימַר

The point of the first two cases is to tell us that when a person makes a shevuah with a Sefer Torah, we assume his intent is to swear by the parchment of the Sefer Torah, and as such, the shevuah is not effective. But if he swears with what is written in the Sefer Torah, then his shevuah will be effective. In other words, the problem with swearing with the Sefer Torah is not that there is something intrinsically wrong with making a shevuah with a Sefer Torah but rather it is simply ineffective as the parchment of a sefer Torah has no 'power' as far as making a shevuah. But if so, there should be no reason why swearing by the Torah and what is written in it should not work. Once a person mentions that he is swearing by what is written in the Sefer Torah, this should create a shevuah, and the fact that he also said with the Torah should not have any effect.

In other words, once we know that the second case of the Baraisa creates a shevuah, there should be no reason why the third case should not work. If so, we need to understand why the Baraisa mentions this case if it is not needed.

The Gemara gives three answers to this question. The Gemara starts with the first answer.

Rav Nachman said	אָמַר רַב נַחְמָן
it is not difficult	לָא קַשְׁיָא
this case	הָא
is referring where the Torah is resting	דְּמַחֲתָא אוֹרָיְיתָא
on the ground	אַאַרְעָא
and this case	הָא
is referring to where he is holding it	דְּנָקֵיט לַהּ

Torah. However, if he says that he is being מַּתְפֵּיס with what is written in the Sefer Torah, then we say that he is being מַּתְפֵּיס with the names of Hashem. The Ran explains that the names of Hashem are considered as a דבר הגדור as their kedusha is created by the person writing them. Another explanation could be that when he is מַתְפֵּיס with what is written in the Torah, he is referring to the korbanos that are written in the Torah.

in his hand

When it is resting on the ground

his mind is on the parchment

(and) when he is holding it in is hand

his mind is

סיר האוף ביניה

דיעתיה

דיעתיה

דיעתיה

סיר האוף ביניה

דיעתיה

על האוף ביניה

Rav Nachman answers that when the Torah is on the ground the person's mind is on the parchment. Therefore, even if the person says, "with what is in it", he has in mind to make a shevuah with the parchment and the shevuah would therefore not be effective.

If, however, he says both "with it" and "and with what is in it", since he already mentioned, "with it", when he adds the words "and with what is in it" these extra words come to say that he is swearing with the names of Hashem, and as such, the shevuah will be effective.

If, however, he is holding the Sefer Torah, then since his mind is on what is written in the Sefer Torah, when he says just the words "with what is in it", we assume that he means to swear with the names of Hashem, and he does not have to say both "with it" and with what is in it". But according to this answer, even when the person is holding the Sefer Torah, if he says just "with it", we assume his mind is on the parchment and the shevuah will not be effective.

To summarize: According to Rav Nachman the difference between the case in which the sefer Torah is laying on the ground and when he is holding it is with regard to what happens when the person just says "with what is in it. If the person is holding the sefer Torah, this will create a neder but if it is laying on the ground it will not work (i.e., when the sefer Torah is on the ground neither individual phrase will work and he will have to say both of them in order to effect a neder but if he is holding it then the individual phrase of "with what is in it" will be effective but the phrase "with it" will not be effective). The Gemara gives a second answer to explain the Baraisos.

And if you want to say	וְאִיבָּעֵית אֵימָא
(we are discussing a case in which) it is on	אָתַחְמָא
the ground	עַל אַרְעָא
and this is coming to teach us	וְהָא קָא מַשְׁמַע לַן
that even though	דְאַף עַל גַּב
it is on the ground	דְּמַחֲתָא עַל אַרְעָא
since he said	בַּיוָן דְּאָמַר
with what is written in it	בַּמַה שָׁכַּתוּב בַּה

it helps (to create the shevuah) מַהְנֵי and the Baraisa is teaching us in the אָזְי נְצָרִיךְ לוֹמֵר זוֹ קָתְנֵי "this one and I don't need to say this one" format

The second answer of the Gemara explains that when the Baraisa tells us that the case that works is the case of him saying that "what is written in it" this refers to when the Torah is on the ground. And this that the Baraisa continues and says that if the person says the double expression of "with it and with what is written in it" the shevuah is effective, the reason the Baraisa says it, is not because it is needed but rather the Baraisa will sometimes say two halachas in this manner (that is, the Baraisa will sometimes say that this halacha is true and certainly this halacha is true, even though we could deduced the second halacha on our own). According to this answer, the entire Baraisa is referring to a case in which the Torah is on the ground and not in his hand.

We have explained the Gemara according to our girsa. The Mefarshim point out that seemingly the Ran had a different girsa in the Gemara עיי שם.

The Gemara gives a third answer to explain the Baraisos.

And if you וְאִי בַּעִית אֵימֵא the entire middle case בּוּלָה מִצִיעַתָא is also (referring to a case) that he is holding it in his hand דְּנַקֵיט לֵיה בִּידֵיה and this comes to teach us וָהָא קָא מַשִּׁמַע לַן since he is holding it in his hand בֵּיוַן דְּנָקִיט לֵיהּ בִּידֵיהּ even though אַף עַל גַּב he did not say only "with it" דָּלַא אַמַר אֵלַא בַּהּ it is as if he said כְּמֵאן דְּאָמֵר "with what is written in it" בְּמַה שֶׁכַתוֹב בַּה דָמֵי

The Ran explains that according to this answer, the first two cases of the Baraisa refer to when the Torah is on the ground and the last case refers to when he is holding it. That is, if the Torah is on the ground, then in order for the shevuah to be effective is it not enough to say, "with it" but rather he must say "with what is written in it". The third case comes to teach us that if the person is holding the Sefer Torah, even if he just says, "with it" it is as if he said, "with what is written in it", and as such, the shevuah will be effective.

Summary of the Three Possibilities of What One Has to Say in Order to Make a Shevuah with a Sefer Torah

A summary of the previous three answers is as follows:

- 1. If one just says "with it", according to the first answer the shevuah will never be effective and according to the third answer it will be effective if he is holding the Sefer Torah but not if the Sefer Torah is on the ground (the second answer also holds that saying this does not help if the sefer Torah is on the ground but the second answer does not address the case of saying the words "with it" while he is holding the Sefer Torah).
- 2. If he says, "with what is written in it", according to the first answer the shevuah will be effective only if he is holding it but not if the Sefer Torah is on the ground. According to the second and third answer, the shevuah will take effect even if the sefer Torah is on the ground.
- 3. If he says "with it and with what is written in it" according to all three answers this shevuah will be effective in all cases and it does not make a difference if he is holding it or not.

# משנה

(If one says) "Konam that I will sleep" קּוֹנָם שָׁאֲנִי יָשִׁן (or "Konam) that I speak" שְׁאֲנִי מְדַבּר (or "Konam) that I go" שְׁאֲנִי מְהַלֵּדְּ (And) one who says to his wife הְאוֹמֵר לְאִשָּׁה "Konam that I will live with you" קּוֹנָם שָׁאֲנִי מְשַׁמְשֵׁדְ (in all these cases) this is הָרֵי זֶּה קלא יַחַל דְּבָרוֹ

The Mishna tells us that in all these cases the neder is effective, and if he goes against it, he will transgress the lav of "Lo' Yachel Divaro" – "He should not desecrate his word (i.e., his neder).

The Ran points out that the proper girsa of all of the cases of the Mishna is שָׁאֵנִי (that I), with one yud and not with two. If the word would have two yuds, שֶׁאֵנִי (that I will not), then the word would be saying that he is making a neder that he will not sleep, talk, etc., as opposed to when he says שַׁאַנִי which means that he is saying that his sleep should be assur.

And as we previously learned, a fundamental difference between a shevuah and a neder is that a shevuah forbids the person from doing something and a neder forbids an object. Therefore, if this person is coming to make a neder, he has to make the actual sleep assur (the exact case will be explained in the Gemara), and he cannot be saying that he forbids himself from sleeping.

## גמרא

The Various Cases and Shitos with Regard to One Who Forbids Sleep on One Day if He Sleeps on A Different Day

It was said (taught) איתמר (in the case that one says) "Konam קונם my eyes from sleep today עֵינֵי בְּשִׁינָה הַיּוֹם if I sleep tomorrow" אָם אִישַׁן לִמֶּחָר Rav Yehuda said that Rav said אָמַר רַב יִהוּדָה אָמַר רַב he cannot sleep today אַל יִשַׁן הַיּוֹם maybe he will sleep tomorrow שַׁמָּא יִשַׁן לִמָּחָר and Rav Nachman said וַרַב נַחִמָן אָמַר he can sleep today ישׁן הַיוֹם and we are not concerned וַלַא חַיִישִׁינַן (that) maybe he will sleep tomorrow שַׁמַא יִשַׁן לְמַחַר

If one says that that his eyes should be assur from sleeping today if he sleeps tomorrow, then we have the following machlokes. Rav Yehuda holds that the person cannot sleep today because we are concerned that perhaps the person will sleep on the next day. And if the person sleeps on the next day, it comes out that retroactively today's sleep was assur, and the

person transgressed his neder.

Rav Nachman, however, is not concerned with this and he allows the person to sleep today. That is, even though by sleeping today the person is setting up the possibility of him transgressing the neder in the event that he does sleep on the next day, Rav Nachman is not concerned. Rav Nachman holds that the person has the right to determine for himself that he is able to refrain from sleep on the next day.

Although there is this machlokes between Rav Yehuda and Rav Nachman, the Gemara tells us:

And Rav Yehuda agrees
(that) in the case in which one says

"Konam my eyes from sleep tomorrow קֿמְנָר עִינֵי בְּשִׁינָה לְמָחָר
if I sleep today"

that he is allowed to sleep today